

# Proclamation

## Office of the Mayor

### American Heart Month

**WHEREAS**, American Heart Month is a nationally designated event that encourages Americans to focus on their heart health and get their families, friends, and communities active to prevent cardiovascular diseases; and

**WHEREAS**, President Lyndon B. Johnson proclaimed the first American Heart Month in February 1964 via Proclamation 3566 on December 30, 1963, followed by a joint resolution of Congress, which designated every February as American Heart Month; and

**WHEREAS**, cardiovascular diseases, including heart disease and stroke, remain the leading cause of death in the United States as well as globally, taking more than 17.9 million lives annually, with that number expected to rise to more than 23.6 million by 2030; and

**WHEREAS**, though cardiovascular diseases can affect anyone, women are at an increased risk, and quite staggeringly, these diseases claim more women's lives than all forms of cancer combined; and

**WHEREAS**, there are many organizations such as the American Heart Association that are dedicated to promoting heart health and offering heart-healthy tools and resources; and

**WHEREAS**, there are many healthcare professionals who provide outstanding medical and ancillary care to aid in the prevention and treatment of cardiovascular diseases; and

**WHEREAS**, there are many first responders whose swift actions and training in CPR and use of AED devices help to contribute to saving lives of those suffering from cardiovascular emergencies; and

**WHEREAS**, this February especially, it is important to raise awareness of cardiovascular diseases, and to learn about the contributing risk factors, the warning signs and symptoms, and the important lifestyle changes and other measures that can be taken to improve heart health.

**NOW, THEREFORE**, I, Danielle DiPaola, Mayor of the Borough of Emerson, on behalf of the Governing Body, in recognition of the importance of the ongoing fight against cardiovascular diseases, including heart disease and stroke, do hereby proclaim February as American Heart Month in the Borough of Emerson to call attention to the magnitude of cardiovascular diseases and the impact that organizations, healthcare professionals, first responders, and ordinary citizens collectively can make and do make to build healthier lives.



Danielle DiPaola, Mayor  
February 3, 2026